



Resident Communications Update: Copernicus Lodge

Date: December 30/20

Dear Resident and families:

At Copernicus Lodge home, we are experiencing some operational changes and shifts in routine related to the management and prevention of the COVID-19 virus. We want to reassure you that we are taking essential steps to keep you safe and informed. We will be circulating and posting home-specific and provincial updates every week. Our team is always available to answer your questions and to ensure you feel supported during this time. Thank you!

CURRENT COVID-19 STATUS IN OUR HOME:

Number of Resident Cases 26

Number of Staff Cases 14

Six residents have recovered.

THIS IS HOW WE ARE KEEPING YOU SAFE:

Infection Control:

- In daily and as needed consultation and collaboration with Toronto Public Health on safety measures on employees, residents and caregivers
- Safety environment cleaning throughout the day on infected and uninfected areas
- Transmission-based precautions such as contact, droplets and airborne control
- We are conducting personal protected equipment (PPE) audits two times daily under Public Health's direction.
- We have PPE in each home area to minimize cross-contamination.
- Large group activities are suspended; replaced by one on one activities in the resident's room.
- Teaching moments are happening live, addressing any non-adherence to infection control other regulatory guidelines.
- Daily rounds by our Physicians; also, managers are assisting with meal services.

Bathing Schedules/Guidelines: [include specific information about changes affecting bathing/care]

- None affected home areas/units baths are occurring on schedule. Affected home areas/units residents received bed baths until we receive the all-clear from Public Health.

Food/meal service:

- Meals services followed strict Infection control (such as hand washing) and Toronto Public Health guidelines.
- Disposable utensils are used each meal to prevent cross-contamination and .another infection transmission.

Miscellaneous:

- Temporarily affected areas are; group activities, both large and small.
- Residents are unable to gather in the lounge to socialize with each other.
- Employees cannot move from one home area to another; strict public health guidelines are in place to minimize the spread of COVID.

STAYING CONNECTED

- In addressing our residents' mental, emotional, social, intellectual, and spiritual connections, we have transitioned and adopted various technology equipment to connect residents and families through a virtual platform. This connection occurs daily, weekly and at times as needed, and recognized it isn't the same as a physical connection.
- Telephone connections accommodate families who prefer a phone call with their loved ones over face time connection.
- The cohort activation staff on his/her home areas also provide one on one activities such as board games, Montessori, sensory stimulation, music, YouTube activity, dominies, sing-along, puzzles, card games...and more.
- Religious services also continue on a one-on-one basis meeting our residents' spiritual needs and interests.
- Please be assured we are conscious of our Resident's holistic needs, and we are doing all we can to enrich their well-being as we work together to end COVID at Copernicus Lodge.

Do you still have questions about COVID-19?

**Contact: (Administrator/Director of Care) at: 416 536 7122 extension 230/240
or email: roxannea@copernicuslodge.com or carmenm79@copernicuslodge.com**

We are in this together, and we'll get through this together.